



DPS EMPLOYEE WELLNESS BRINGS YOU

YOU REVOLUTION

Kickstart your healthy lifestyle! Join the free,
5-week program from 2/25 to 3/26

*1.5 hour time commitment/week includes
discussion and activities about goal setting, healthy
habits, and mindfulness practices.*

*Classes will be held from 5:15-6:45pm on
Tuesdays at Hallett and on Thursdays at Steele*

**SECURE YOUR SPOT BY FEB. 17 BELOW:
[HTTPS://FORMS.GLE/QPFZ64LDPJQCUZKZ7](https://forms.gle/QPFZ64LDPJQCUZKZ7)**



DENVER
PUBLIC
SCHOOLS

Employee Wellness
Supporting the Whole Educator